## READ THE LABE

## A Nutrition and Reading Program

































The "Read the Label" assembly program was designed to inspire elementary school-aged children to learn about Nutrition through Reading and take a more active role in their own health. The show is a fast paced "Edu-Taining experience. There's brand new songs like "Read the Label", "I'm so Hungry", and "Growing your Mind, along with old favorites like "Pencils" and "One Ton Tomato", "All These Fruit", "Water" and of course, "Vegetables".

Wayne along with percussionist, JimmyJames, the "KoongaBoonga Man", invite volunteers on stage to play various instruments or sing into a wireless microphone. All musical selections are either about NUTRITION or READING. Several new skits have been added as well. Students are asked to read the label from a few common household products,"Vinnie the Varmint" needs help taking his medicine and of course the "Stomach and the Brain" skit will have everyone laughing.

## Pre-Assembly Worksheet and Coloring Page

The pre-assembly worksheet is designed to go home with the students. It's the first step in taking a closer look at the choices we make concerning our nutritional needs. We also have a "Read the Label" coloring sheet for the younger students. View or print out samples at www.waynefrommaine.com. Click on "Read the Label"

## What Educators are Saying About the Program:

<u>Fred Moses PPS Guidance Porters Point School, Colchester, VT.</u> Wayne and Jimmy did everything a school assembly calls for. Their "Read the Label" program was a perfect match for elementary school aged children and I would love to see them again.

<u>Angela B. Jervey, Principal Dr. Frederick Sweetsir School, Merrimac, MA.</u> The Nutrition program was very timely. The children enjoyed the show and I sure that the message is one that will stay with them for a long time.

Claire Mallette, Enrichment Coordinator Willett School Addleboro, MA. I wholeheartedly would recommend Wayne from Maine to any school requiring highly professional performers who can engage their audiences while effectively conveying important messages. I have worked as an enrichment coordinator for almost 20 years and must say they're in the top 3% of performers that I have worked with. Keep up the good work.